

Case Study: Reduce Sprain and Strain Claims with an Onsite Health Hub Strategy

INDUSTRY
ARCHITECTURAL
ALUMINUM MANUFACTURING

WORKFORCE SIZE
150 EMPLOYEES

SITE
QUEENSLAND

SERVICES DELIVERED

ONSITE HEALTH HUB

EARLY INTERVENTION
PHYSIOTHERAPY

PRE-EMPLOYMENT
SCREENING

WORKSTATION
ERGONOMICS

AUDIOMETRY

JOB DICTIONARY
DEVELOPMENT

DYNAMIC
WARM UP TRAINING

DRUG AND
ALCOHOL TESTING

DIET AND
LIFESTYLE EDUCATION

PREHAB

GROUP EXERCISE/
CIRCUIT TRAINING

PILATES

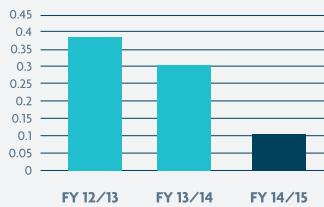
MANUAL TASK
RISK ASSESSMENTS

OUTCOMES

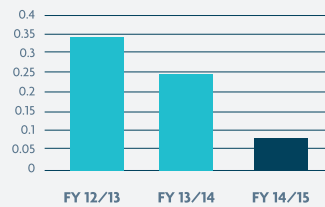
In the first 18 months of the program:

- 63% decreased** in MSK related claims
- 78% Decreased** in paid days
- 89% Decreased** in Total MSK Compensation payments
- 71% Decrease** in MSK claims per \$100 000 in wages
- 78% Decrease** in MSK claim per 1000 Man Hours

Sprain and Strain Claims per \$100,000 in wages



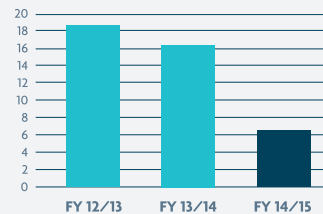
Sprain and Strain Claims per 1000 man hours



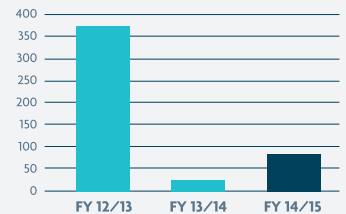
INVESTMENT

The cost of the program in the first 18 months was equivalent to \$1.10 per worker per day.

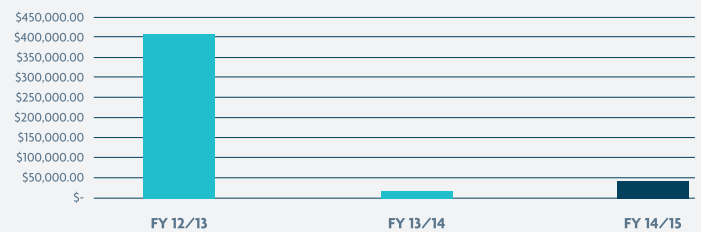
Total Claims



Paid Days



Total Sprain and Strain Claims compensation payments



"A&L aspires to be known as a safe business that values the health, safety and wellbeing of our employees. We are executing a plan to achieve this goal which is very reassuring."

Amy Pierson, State Manager

"I was tremendously proud to report our achievements and progress to the board. What we are doing is right for our employees and right for our business."

Tracey Davison– Human Resources Manager/RRTW Coordinator